



‘QUINTESSENTIAL CARDIGAN’: Short Sleeve Adaptation
Instructions for elbow-length sleeves on your Churchmouse Classics
‘Quintessential Cardigan’ either from scratch or by shortening existing sleeves.

- Finished Sizes:** All body measurements same as original.
Elbow-length sleeves: Approx. 10"/25.5cm; or desired length, measured from shoulder point to an inch or two above inner elbow crease.
- Yarn:** We suggest you use yarn requirements as original pattern because total yarn needed will depend on your desired length.
Sample is shown in Isager *Alpaca 1* and *Silk Mohair* held together throughout. We removed approx. 30 yds/28m to shorten both sleeves in Size 36"/91.5cm finished bust.
- Needles/Notions & Gauge:** As original pattern.

Please refer to the original pattern for complete instructions.
Only changes are covered in this adaptation. Read original instructions thoroughly.

TO KNIT ELBOW-LENGTH SLEEVES FROM SCRATCH

- Cast on:** Using smaller needles and cable cast-on method, cast on 68 (72, 74, 76, 80, 84, 86, 90) sts.
- Ribbed edging:** Work K1/P1 ribbed cuff edging as original pattern for 8 rows total or until ribbing measures 1"/2.5cm, ending with a WS row.
- Sleeve shaping:** Change to gauge needle. Beginning with RS row, work 10 (10, 6, 6, 6, 6, 4, 4) rows in St St.
Inc row (RS): K2, M1R, knit to last 2 sts, M1L, K2. [2 sts inc'd]
Continuing in St St, repeat inc row every 12th (12th, 8th, 6th, 6th, 6th, 4th, 4th) row
1 (1, 2, 3, 3, 3, 5, 5) times. [72 (76, 80, 84, 88, 92, 98, 102) sts]
Work 7 (7, 7, 5, 5, 5, 5, 5) more rows in St St, or to desired length, ending with a WS Row.
[30 total rows above ribbing]
- Sleeve cap:** Proceed to sleeve cap shaping as original pattern. Continue to completion.
Make a second identical sleeve.

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TO SHORTEN SLEEVES ON AN EXISTING SWEATER

Determine desired length:

First, try on your sweater and determine where you'd like the sleeve to end on your arm; for our project we opted for a couple of inches above the inner crease of elbow. Using a locking marker or safety pin, mark desired finished length of one sleeve roughly in the center of the row. Place a second marker 1"/2.5cm toward shoulder to designate where new ribbed edging will be added.

Prepare sleeves for shortening:

Beginning near cuff edge, find the seaming yarn that zigzags up the sleeve between the two edges. *Tip: When you think you've got it, use a darning needle to gently lift and tug. If the puckering runs up and down the seam, you've got it! If it starts to pull across a row of stitches, that's not it—try again!*

Once you've found it, snip the seaming yarn and use the tip of a needle to gently undo the seam in both directions up to an inch or two below the underarm seam. *Tip: If you're having trouble identifying the yarn as you go, pull your seam apart a little and look for the strand that moves.*

Snip the uppermost marked row (i.e., 1"/2.5cm above desired finished length). Working first in one direction, then the other, carefully pick out the marked row of stitches to each end. Set removed sleeve aside.

Pick up stitches:

With smaller needle, pick up each live stitch (exposed loops) from lower edge of sleeve; check that you haven't missed any. You will need an even number of stitches for ribbed cuff; if you are short one loop, pick up an extra strand from one end.

Prepare yarn for reknitting:

From the live edge of your removed sleeve, carefully rip back your knitting (gently teasing yarn apart when necessary), wrapping reclaimed yarn around your hand and elbow into a loose loop as you go. Secure with two ties to prevent tangling.

Boil your tea kettle. Slip wooden spoons into both ends of your loop (so you don't burn your hands!) and slowly run yarn back and forth through the steam under a little tension until it has released most of its little kinks. *Note: If your yarn has synthetic content, hold yarn several inches above the steam.*

Hang until completely dry. Wind yarn into a ball, ready for use.

Ribbed edging:

With RS of sleeve facing you, join reclaimed yarn and work K1/P1 ribbing for 1"/2.5cm (or to match depth of ribbed neck edging). Bind off in pattern. Gently steam (don't press) new ribbed cuff edgings.

Second sleeve:

Before you remove your second sleeve, try your piece on and make sure you are happy with the length. On your completed sleeve, count number of rows from shoulder seam down to start of ribbing; count same number of rows on next sleeve and place a marker.

Repeat steps above for second sleeve. *Note: You will have plenty of reclaimed yarn from your first sleeve to complete the second edging.*